

Core Healing Beyond the Physical

This 4-hour program is for anyone with a serious physical illness. Family & friends are invited.

Science is discovering that serious physical problems don't just happen.

They are the result of how we live our lives. Diet, exercise, environment and mental attitude are all major factors in physical health. One of the most important factors is your **state of mind**.



When you are happy, alive and free, you have a very positive attitude and great things happen around you. This positive energy also has an effect on your body. People who live in this state are far less likely to develop a serious illness than those who have a suppressed emotion and unresolved issues from their past.

Fortunately, you can be free of the underlying conditions that sabotage your mental well being. You can restore joy and create an environment of love and healing. You can tap into a power that can change your life. This seminar shows you how.

In this workshop, you learn how to:

- Create an environment of love and healing
- Be free of destructive inner issues
- Have fear and upset lose power
- Create a supportive, mental attitude
- Tap into a life changing power



Co-led by **Bill Ferguson** and **Terri Pustilnik, M.D.**

Bill Ferguson has been featured on Oprah and is the author of several best-selling books on emotional healing. **Terri Pustilnik, M.D.** is a consistent winner of the People's Choice Award and is one of the nation's top cancer surgeons.

Time: 6 to 10 p.m. **Dates:** Every fourth Tuesday **Cost:** \$40
For more information call 713-520-5370